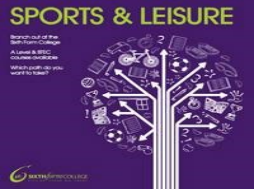


Sport
and PE





Excellent history of A-Level and BTEC success



Premier Sports Facilities

University and Employer Links - progression



High quality sports provision with external coaches and the most extensive enrichment programme in the region

Why us?

New environment – new challenge

Excellent results above national average

Flexible choice of subjects and course sizes



Surround yourself with those who **CHALLENGE YOU** **PUSH YOU** and **MOTIVATE YOU**

A Levels



Sixth Form College in Partnership with Staffordshire University and Fenton Manor

*The region's premier
sporting facilities*



STAFFORDSHIRE
UNIVERSITY



Shared Facilities

- Due to the college having an excellent working relationship with Staffordshire University we are privileged to have the best onsite facilities in the region. These include access to:
 - A newly refurbished gym and 4G AstroTurf - £1.25 million investment.
 - Sports Physiology Labs
 - Sports Nutrition Labs
 - Sports Psychology Labs

This will support our students in the newly modified A-Level and BTEC qualifications that contain an increased scientific content.



2021 Course Offer

A-Level courses

A LEVEL PE

VOCATIONAL COURSES

BTEC SPORTS SCIENCE

2 A-Level or 3 A-Level Equivalent

**BTEC SPORT COACHING
AND DEVELOPMENT**

2 or 3 A-Level Equivalent

Additional Courses that do not carry UCAS Points:

**L2 - YMCA DIPLOMA IN FITNESS INSTRUCTING
(GYM BASED EXERCISE)**

Duke of Edinburgh Award - Gold/Silver/Bronze

Headlines

A-Level PE Results 2018/19 2019/20

- 20% A*-A
25% A*-A
- 57% A*-B
33% A*-B
- 87% A*-C
83% A*-C
- 100% Pass rate
100% Pass Rate



A Level PE

Linear – first exam summer 2018

70% Exam

30% Practical/Cwk – 1 Role

Component	Content	Assessment
Component 1: Scientific Principles of Physical Education	<ul style="list-style-type: none">Applied anatomy and physiologyExercise physiologyBiomechanics	2 hours and 30 minutes 140 marks
Component 2: Psychological and Social Principles of Physical Education	<ul style="list-style-type: none">Skill acquisitionSport psychologySport and society	2 hours 100 Marks
Component 3: Practical Performance	Skills during activities as a player/performer OR Skills during activities as a coach	40 marks
Component 4: Performance Analysis	Students producing a Performance Analysis in their chosen role	40 marks



BTEC SPORTS SCIENCE

Diploma (720 GLH)

6 MANDATORY UNITS

Mandatory Units Group A

– Learners complete and achieve all units

1. Sport and Exercise Physiology (120 GLH) ★ [S]

2. Functional Anatomy (90 GLH) ★

3. Applied Sport and Exercise Psychology (120 GLH) ★

Mandatory Units Group B

– Learners complete all units

4. Field and Laboratory-based Fitness Testing (90 GLH)

5. Applied Research Methods in Sport and Exercise Science (90 GLH)

6. Coaching for Performance and Fitness (90 GLH)

Learners complete
2 Optional Units Group C

Extended Diploma (1080 GLH)

11 MANDATORY UNITS

Mandatory Units Group A

– Learners complete and achieve all units

1. Sport and Exercise Physiology (120 GLH) ★ [S]

2. Functional Anatomy (90 GLH) ★

3. Applied Sport and Exercise Psychology (120 GLH) ★

4. Field and Laboratory-based Fitness Testing (90 GLH) ★

5. Applied Research Methods in Sport and Exercise Science (90 GLH) ★

6. Coaching for Performance and Fitness (90 GLH) ★

13. Nutrition for Sport and Exercise Performance (120 GLH) ★

Learners complete
6 Optional Units Group C

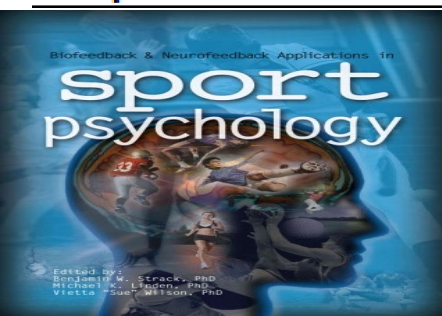
EXTERNAL ASSESSMENT

Types of assessment

Assignment – Set and marked internally

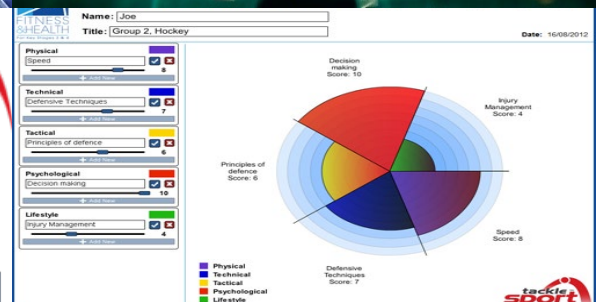
Task – Set and marked by Pearson

Written exam – Set and marked by Pearson



BTEC SPORTS COACHING AND DEVELOPMENT

100% Coursework Based Qualification



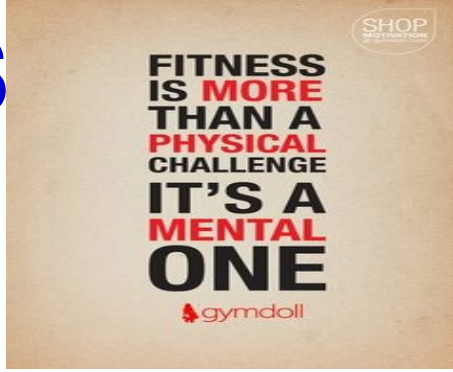
their future in your hands

FITNESS COACHES' CLUB

Key
M Mandatory units **O** Optional units

Unit (number and title)	Unit size (GLH)	Extended Certificate in Sports Coaching (360 GLH)	Foundation Diploma in Sports Coaching and Development (540 GLH)	Diploma in Sports Coaching and Development (720 GLH)	Extended Diploma in Sports Coaching and Development (1080 GLH)
A Careers in the Sport and Active Leisure Industry	90	M	M	M	M
B Health, Wellbeing and Sport	90	M	M	M	M
C1 Developing Coaching Skills	180	M	M	M	M
D1 Applied Coaching Skills	180			M	M
E Research Project in Sport (Pearson-set)*	120				M
1 Sport Development	60		M	M	M
2 Self-employment in Sport and Physical Activity	60		M	M	M
3 Sports Psychology	60			O	O
4 Nutrition for Physical Performance	60			O	O
5 Anatomy and Physiology in Sport	60		O	O	O
6 Sporting Injuries	60			O	O
7 Functional Sports Massage	60				O
8 Fitness Testing	60				O
9 Fitness Training	60				O
10 Technical and Tactical Skills in Sport	60				O
11 Rules, Regulations and Officiating in Sport	60		O	O	O
12 Practical Sports Application	60		O	O	O
13 Influence of Technology in Sport and Physical Activity	60			O	O
14 Organising Events in Sport and Physical Activities	60		O	O	O

YMCA DIPLOMA IN FITNESS INSTRUCTING (GYM BASED EXERCISE)





Junior Elite Scholarship Programme - What you can expect ...

- Gym Membership
- Physiotherapy/Sports Therapy
- Sports Psychology workshops
- Talented Athlete Support
- Nutrition Workshops
- Physiology Testing
- Strength & Conditioning Programme & Review



Sports Academies



- Regular competitive sport opportunities (Football, Netball, Basketball, Swimming)
- Squads receive high quality coaching from external coaches twice a week as part of their college timetable
- Compete in AOC Sport regional and national competitions



Sport and Enrichment at the Sixth Form

Day	Time	Activity	Location
Monday	12-1.30pm	"Just Play" Football	Staffs Uni – Box astro
Monday	2.30-4pm	Netball (TAP) – Coaching	Fenton Manor Arena D/E
Monday	3-4.30pm	Swimming	Fenton Manor
Monday	4.30-6pm	Climbing	Kilnworx – Transport provided
Tuesday	8.45 -10am	Football Scholarship Programme (TAP)	Staffs Uni – Main Astroturf Pitch
Tuesday	9am-10am	Horse Riding	Poplars Farm
Tuesday	12-1.30pm	Table Tennis	TBC
Tuesday	3-4pm	Volleyball	Staffs Uni
Tuesday	4.15-5.15pm	Archery	Stoke-on-Trent College
Wednesday	12 – 12.50pm	U-DO it Street Dance	Dance Studio – S8
Wednesday	12pm-12.50pm	Walk and Talk	Hanley Park
Wednesday	PM	Basketball Fixtures (TAP)	Varies
Wednesday	PM	Football Scholarship Programme (TAP)	Varies
Wednesday	PM	Netball Fixtures (TAP)	Varies
Wednesday	2.45-3.45pm	Indoor Tennis	Fenton Manor Arena D
Wednesday	2.45-3.45pm	Badminton	Fenton Manor Arena E
Wednesday	3-4pm	Rugby	Fenton Manor Grass fields
Wednesday	3-4.30pm	Swimming	Fenton Manor
Wednesday	6.30-7.30pm	Fencing	Staffs Uni - LRV
Thursday	12-12.50pm	Table Tennis	TBC
Thursday	4-5pm	Cricket	Fenton Manor Arena D/E
Thursday	4.30-6pm	5 aside football league	Fenton Manor Arena D/E
Friday	10.30-12	Basketball (TAP)	Fenton Manor
Friday	10.30-12	Football Scholarship Programme	Fenton Manor – 3G/ Staffs Uni astro pitch
Friday	12-1pm	Futsal	Fenton Manor Arena D/E
Friday	3-4.30pm	Swimming	Fenton Manor
Friday	4.30-6pm	Skiing	Stoke Ski Centre
Friday	4.30-6pm	Ice Skating	ISkate, Uttoxeter

Further Information

- Course Leaflets

Curriculum Manager for Sport:

steve.millican@stokesfc.ac.uk

Job Opportunities in Sport & Leisure

